

Critical Issues in Child and Adolescent Mental Health

March 12, 2016 | 8 a.m. - 5 p.m. | AMN HealthCare Auditorium



COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY
Aging & Independence Services


**LIVE WELL
SAN DIEGO**

VISIONS

adolescent treatment centers


**AMERICAN
PSYCHIATRIC
ASSOCIATION**

Program

8:00 - 8:30 a.m. Registration

8:30 - 09:00 a.m. Setting The Context

9:00 - 10:00 a.m.

Creating Welcoming spaces for LGBTQI Youth

10:00 - 10:15 a.m. Break

10:15 - 11:15 a.m. Preventing Bullying in Schools:
Intervening with Both Parties

11:15 a.m. - 12:15 p.m.

Nothing tastes as good as skinny feels: The biology of
reward and anxiety in Anorexia Nervosa

12:15 - 1:30 p.m. Lunch and networking

1:30 - 2:30 p.m.

Integrative Medicine Treatments in Child Psychiatry

2:30 - 3:30 p.m.

To Tell or Not to Tell? Balancing a Minor Patient's Right to
Confidentiality with a Parent's Need to Know

3:30 - 3:45 p.m. Break

3:45 - 4:45 p.m. Commercial Sexual Exploitation of
Children (CSEC): What we need to know to help

4:45 - 5:00 p.m. Wrap Up, Sign Out for CME, CEU

5:00 - 6:00 p.m. Networking Reception

CME and CEU Information

Please remember to SIGN IN and SIGN OUT in order to receive
your continuing education certificates!

If you must leave the conference early, please be sure to check
with an event organizer in order to receive your certificate.

About Critical issues in Child and Adolescent Mental Health

Mental health issues in children and youth are complex. Family issues, developmental issues, peer relationships, substance use- all complicate our understanding and ability to treat this population. Education efforts are underway to teach physicians, therapists, educators, social service workers, and law enforcement officers how to better identify and intervene so children and youth do not have to suffer unnecessarily, are

safe from harm from others and themselves, and improve function in school, at home, and in their communities.

Several areas are not as well known- professionals, systems, and families struggle with how to begin addressing these issues. LGBTQI issues,



Bullying, Eating Disorders, Integrative Medicine, Legal issues involving Pornography and Cyber-bullying, and Child Sex Trafficking may not be as common as depression and ADHD, but the potential harm of each is serious and costly. Most mental health providers do not know how to identify these problems, how to treat these problems and don't know who they should be collaborating with to provide the best and most effective care.

The intent of the CICAMH conference is to increase the awareness and understanding of these critical issues



About AMN Healthcare

AMN Healthcare is the leader and innovator in healthcare workforce solutions and staffing services to healthcare facilities across the nation. The Company provides access to the most comprehensive network of quality healthcare professionals through its innovative recruitment strategies and breadth of career opportunities. Their clients include acute-care hospitals, community and mental health centers and clinics, physician practice groups, retail and urgent care centers, home health facilities, and many other healthcare settings. For more information about AMN Healthcare, visit www.amnhealthcare.com.

Speakers



Al Killen-Harvey, LCSW

Al Killen-Harvey is the President and Co-founder of a training and consultation firm whose mission is improving health care outcomes through integrating sexual health. He is also currently working with Chadwick Center-Rady Children's Hospital as the Lead Trainer responsible for mentoring a team of clinicians and case managers to provide trainings throughout the United States on Trauma Informed Practices. As a private practice clinician, he offers Solution-oriented psychotherapy for individuals, couples and families dealing with sexual identity development, sexual abuse, chemical dependency, relationship skills, HIV/AIDS related stress and emotional disorders.



Mark Katz, PhD

Mark Katz, Ph.D., is a clinical and consulting psychologist, and author of the books *Children Who Fail at School But Succeed at Life* and *On Playing a Poor Hand Well*, both published by W.W. Norton and Company. For over 30 years, he has served as the Director of Learning Development Services, an educational, psychological and neuropsychological center in San Diego, California. In addition, he is a past recipient of the Rosenberry Award, a national award given yearly by Children's Hospital in Denver, Colorado, in recognition of an individual's contribution to the field of behavioral science. Mark is also the contributing editor for *Attention Magazine*, and writes the magazine's promising practices column. For close to 30 years, he served as both a Supervising and Consulting Psychologist at San Diego Center for Children.



Walter Kaye, M.D.

Walter Kaye, M.D. is a Professor of Psychiatry at the University of California San Diego School of Medicine Department of Psychiatry Eating Disorder Treatment & Research Program. He is also the Program Director for the Eating Disorders Program University of California, San Diego Department of Psychiatry. Walter is highly respected in his field and is well published and holds positions on many local and national Boards focused on Eating Disorders.



Janna Larson, M.D.

Janna Larson, M.D. is a Child & Adolescent Psychiatrist with Vista Hill Foundation, North County Lifeline, True Life Center for Wellbeing and Correctional Physicians Medical Group.



David Jensen, Esq.

David Jensen, Esq. has been the Staff Attorney for the California Association of Marriage and Family Therapists (CAMFT) since 2002. His work includes, but is not limited to Consulting with Association Members about Legal and Ethical Issues, Drafting Letters in Support of or in Opposition to Pending Legislation, Researching Legal and Ethical Issues, Drafting Position Papers on Legal and Ethical Issues, and Teaching Law and Ethics Seminars.



Charisma De Los Reyes, MSW

Charisma De Los Reyes, MSW is a Senior Protective Services Worker, Policy & Program Support; Child Welfare Services, County of San Diego. She is a Subject Matter Expert (SME) on topics related to human trafficking, commercial sexual exploitation of children (CSEC) and violence against women and girls.



Laura McLean, MA, IMF

Laura McLean, MA, IMF is a Care Coordinator for the STARS Program at San Diego Youth Services. As part of her responsibilities, she develops and facilitates trainings on CSEC and domestic sex trafficking covering risk factors, identification, tactics of traffickers, intervention strategies and trauma informed care, and survivor leadership.

Food and Refreshments

The cost is included in conference registration

Breakfast 8-8:30am Bagels, Pastries, Parfaits, Coffee and Juice

Lunch 12:15-1:30pm

Three food trucks will be available for lunch. Simply pick one, walk up, and place your order. Vegetarian options and beverages available at each truck.

Taber - Mexican/Korean fusion

Mangia Mangia - Gourmet Italian

God Save the Cuisine - Specialties from the U.K.

Break 3:30-3:45pm Coffee, Tea, Dessert

Networking Reception 5-6pm Wine and Cheese

Our Exhibitors: please stop by the tables in the lobby area

Betty Ford

Vista Hill Smart Care

MHS Novata

Center for Discovery

Monte Nido

California Association of Marriage and Family Therapists

Center for Change

American Professional Agency Inc.

Dear Attendees!

Thank you for attending our first Critical Issue in Child and Adolescent Mental Health Conference. The Planning Committee has been working on this conference for the past year and is very excited about the program that has been put together. We hope you enjoy hearing from our expert speakers and take this opportunity to meet other clinicians from San Diego. Also, please be sure to visit our exhibitor tables as they want to get to know who is working with children and youth in San Diego.

If you find this conference worthwhile, please tell a Planning Committee member. If you have suggestions for how to make it better, please be sure to include them in your evaluation. We are interested in your thoughts about topics and presentation ideas for next year.

Jeff Rowe, MD,

Chair, Planning Committee

San Diego Academy of Child and Adolescent Psychiatry

Planning Committee Members:

- Neha Bahadur, MD, Past President, SDACAP
- Kiefer Rich, LMFT, President of the San Diego Chapter of CAMFT, Private Practice,
- Linda Kerberg, MFT, Fred Finch Youth Center
- Mary Mulvihill, Ph. D. Graduate School of Public Health, SDSU
- Nasim Bavar, LMFT, Former President of the San Diego Chapter of CAMFT
- Katherine S. Quinn, Ph.D., Past President, San Diego Psychological Association
- Anthony Jensen, MD, MHS, President of SDACAP
- Ellen Colangelo, Ph.D., Private Practice, San Diego Psychological Association 2016 President
- Mark Chenven, M.D. Executive Medical Director, Vista Hill, SmartCare Behavioral Health Consultation Services, SDACAP
- Anoop Karippot, MD, AKANE Institute of Behavioral Medicine, SDACAP
- Edith L. Mohler, County of San Diego, Children, Youth & Families, Behavioral Health Services
- Ali Freedman, Psy.D., Fred Finch Youth Center
- Connie Kopf, Executive Administrator, SDACAP