

CONTEMPLATIVE PRACTICES COMMITTEE GOALS

- * Provide clinical support & resources to Contemplative Practices-oriented clinicians as well as those looking to incorporate mindfulness work into their practice.
- * Create connections within our community around current events and issues, i.e., address themes that are relevant to the current political climate including compassion and loving kindness.
- * Structure meetings to support our goals: Contemplative Practices & processing, case consultation, discussion of thematic content woven throughout.