

MOTIVATIONAL INTERVIEWING

TRAINER: [Ian Schere, PhD](#)

COURSE DESCRIPTION: How do you help someone who is ambivalent about change? Originally developed to treat adults with substance abuse issues, Motivational Interviewing (MI) has evolved into a counseling approach that applies to multiple fields. MI emphasizes empathetic listening and techniques to empower client self-determination and positive action. In this two session, 11-hour training, participants will learn the foundations of Motivational Interviewing (MI) and practice MI techniques. [See the course outline here.](#)

LEARNING OBJECTIVES: Upon completion of this training, participants will be able to:

- Explain the principles and foundation of Motivational Interviewing
- Identify benefits of using MI with people receiving services
- Apply MI principles and techniques in treatment
- Integrate MI Techniques into current practice

TRAINING LOCATION: Academy for Professional Excellence—Training Room 105
6367 Alvarado Court, San Diego CA 92120

<u>Training Name:</u>	<u>Date:</u>	<u>Time:</u>
MI Overview	Saturday, January 20, 2018	8:30 am—4:30 pm
MI Skills	Sunday, January 21, 2018	8:30 am—12:30 pm
OR		
MI Skills	Sunday, January 21, 2018	1:00 pm—5:00 pm

REGISTRATION: The registration fee for this event is \$250. To register, click [here](#). Registration will be open until Saturday, January 20, 2018 at 6:00 AM PST. EventBrite processing fees may apply.

REFUND POLICY: To view our refund policy, [click here](#). Refunds will be issued until Friday, January 19, 2018. All tickets purchased after January 19, 2018 are final.

CONTINUING EDUCATION: This course meets the qualifications for **11 hours** of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0818, and CAADE Provider # CP10-906-C0320 for **11** contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).



This training is being offered for a fee so that it can be accessed by those who are not eligible to access existing Academy trainings due to agency affiliation, contract scope limitations, or other factors.

Academy for Professional Excellence is a project of the San Diego State University School of Social Work.