



RITUAL AND CEREMONY FOR WELL-BEING

Saturday, Nov 16th, 2019



*"I have come to suspect that in the absence of ritual,
the soul runs out of its real nourishment."*

Malidoma Some'

In this SFRC workshop, participants will explore the universal role of ceremony and ritual for wellbeing—personal and social. Participants will practice and experience old and new ways to co-create meaning in the everyday. With help from nature setting, we renew our awareness, wonderment, and gratitude. After sunset ceremony, around the firepit, we will story rites of passage—experienced or missing

GUIDES

Heriberto (Beto) Escamilla Morales, Clinical Psychology Ph.D., From Nuevo Leon to National City, San Diego

"I believe that our children are forgetting how to dream and how to plant. I see the Retreat Center as an opportunity to share some of my experience and to pass along an appreciation for these natural human abilities."

Don Eulert, Ph.D., Santa Ysabel, CA, via New Mexico
For 40 years Professor at the California School of Professional Psychology, San Diego. His collection *Ritual and Healing* stories won a 2014 San Diego Book Award. Now with the Retreat Center, he guides workshops for integration and enactment of Self, with the help of nature



PARTICIPATION LIMITED to 15 people.

Please, visit our webpage for more information and early registration.

<https://www.surprisefarmretreatcenter.net/ritual-and-ceremony-for-well-being>