



**San Diego Psychological Association  
2018 Fall Conference  
Saturday, October 27, 2018**

*Encountering **Substance Use** in Clinical Practice:  
Emerging Issues and Divergent Perspectives*

**CONFERENCE AGENDA**

**MORNING**

*7:15 am – 8:15 am Registration/Continental Breakfast/View Exhibits and Posters*

*8:15 am – 8:30 am Welcome/Introduction Cynthia A. Cotter, Ph.D., Mary M. Mulvihill, Ph.D., Conference Co-Chairs*

*8:30 am – 9:30 am **Emerging Issues (Keynote)** (Great Room)*

**Are Alcohol-Related Problems Getting Worse? Numbers, Neuroscience and NIAAA**

George F. Koob, Ph.D.

Director, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

*9:30 am – 10:30 am **Emerging Issues (Plenary)** (Great Room)*

**Red Alert: The Dual Crises of Pain and Prescription Opioids**

Beth D. Darnall, Ph.D.

Clinical Professor, Department of Anesthesiology, Stanford University Medical School

*10:30 am – 10:50 am View Exhibits (Exhibitor Room) and Posters (Shutters West I)*

*10:50 am – 11:50 am **Emerging Issues (Plenary)** (Great Room)*

**The Demise of Dreamland: Sociocultural Roots of the U.S. Opiate Crisis**

Sam Quinones, Investigative Journalist

Award Winning Author *Dreamland: The True Tale of America's Opiate Epidemic*

*Book Signing Immediately Before and After Presentation (West Foyer)*

*11:50 am – 12:00 pm **Voices of Our City Choir** (Great Room)*

**LUNCH**

*12:00 pm – 12:55 pm **Lunch Buffet and Networking** (Galleria Tent)*

*Music – Life of the Party, Robert Fletcher*

*OG Yoga by John O'Brien RYT-200 (12:25 pm – 12:50 pm) (Shutters West I)*

*View Exhibits (Exhibitor Room) and Posters (Shutters West I)*

*Massage by Renee Mink, MTR and Colleague (End of West Foyer)*

## AFTERNOON

12:55 pm – 1:55 pm **Divergent Perspectives – Conceptualizing The Problem**  
(Breakout Sessions – Choose One)(Audiotapes Will Be Available For Sale On-Site to Attendees)

**Marijuana Post-Legalization: New Landscape, New Landmines** (Great Room I)

Susan D. Writer, Ph.D., Clinical Education and Public Affairs Officer, Aurora Behavioral Health

**The Insidious Epidemic: How Benzodiazepines Steal Lives** (Shutters East II)

Krista Roybal, M.D., Addiction Medicine/Psychiatry, Founder/Director, True Life Center

**Uppers, Downers, Dogs and Dopamine: A Neuroscience Perspective on Addiction and Personality** (Great Room II)

Kai MacDonald, M.D. Addiction Medicine/Psychiatry

Assistant Clinical Professor of Psychiatry and Family Medicine, UCSD

**Lost in Translation? Establishing a Therapeutic Relationship with People of Color** (Shutters East I)

Monica D. Hinton, Ph.D., Behavioral Health Therapist, Sharp McDonald Center

**Understanding Substance Use Relapse: The Devil is in the Details** (Shutters West II)

Arthur J. Farkas, Ph.D., SAP, Clinical Director/Co-Founder, Lasting Recovery Outpatient Treatment Center

*Special Workshop (No Audiotape) (Galleria Tent)*

**Rock to Recovery: Using Music with Non-Musicians to Improve Mental Health and Recovery Outcomes**

Constance Scharff, Ph.D., Chris Feldman, Sonny Mayo, Rock to Recovery, Laguna Beach

1:55 pm – 2:10 pm *Break – Exhibitor Drawing Prizes (West Foyer)*

2:10 pm – 3:10 pm **Divergent Perspectives – Intervention Strategies**  
(Breakout Sessions – Choose One)(Audiotapes Will Be Available For Sale On-Site to Attendees)

**Treating Diverse Addictions with Cognitive-Behavioral Therapy: Lessons Learned Over 25 Years** (Great Room I)

Bruce S. Liese, Ph.D., ABPP, Professor of Family Medicine and Psychiatry, University of Kansas  
Clinical Director, Cofrin-Logan Center for Addiction Research & Treatment, University of Kansas

**Alternative No More! Evidence-Based Psychological Treatments for Pain** (Great Room II)

Beth D. Darnall, Ph.D. Clinical Professor, Department of Anesthesiology, Stanford University Medical School

**Refuge Recovery: A Mindfulness-Based Approach to Substance Use and Trauma** (Shutters East II)

Daniel Doyle, LMFT, Clinical Director, Refuge Recovery Treatment Centers, Los Angeles

**Love is a Skill: Using the CRAFT Model with Significant Others of Substance Users** (Shutters West II)

Julia Rosengren, Psy.D., Addiction Specialist, CRAFT Provider, San Diego

**Rethinking Risk/Benefit: Use of Medically Assisted Therapy (MAT) with Psychodynamic Markers** (Shutters East I)

Kristy Lamb, M.D., Chris Small, M.D., Addiction Medicine/Psychiatry  
Co-Founders, BOLD Health, Inc., Encinitas

3:10 pm – 3:25 pm *Break – Snacks/Beverages*

3:25 pm – 3:45 pm **Rock to Recovery Musical Demonstration/Self-Care Drawing Prizes** (Great Room II)

3:45 pm – 4:30 pm **Closing Panel: Integrating the Divergent Perspectives, One Client at a Time** (Great Room II)

**Moderator** – Richard Levak, Ph.D., Host of Mind Matters – Fox 5 Morning News

**Panelists** – Bruce S. Liese, Ph.D., ABPP, Kai MacDonald, M.D., Arthur J. Farkas, Ph.D., SAP