SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING: October 10, 2023, 5:30-7:30pm

LOCATION OF MEETING: Flower Child, Del Mar, 2690 Via De La Valle, Del Mar, CA 92014

COMMITTEE MEMBERS PRESENT: Dr. Lauren Woolley, Dr. Michelle Dexter, Dr. Erin Doherty, Dr. Rebecca Kenyon, and Dr. Stamatia Daroglou

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

- 1. Welcomed members and did introductions.
- 2. Discussed who currently had openings in their practices.
- 3. Explored options for future event locations.
- 4. Dr. Woolley reminded members to be on the lookout for the survey sent by Dr. Lese-Fowler soliciting questions for next month's speaker, Dr. Ingrid Rodi, a reproductive endocrinologist with specialties in interfertility and menopause, and ways to improve the Women's Wellness Committee.

DATE OF NEXT MEETING: Tuesday, November 14th, 7:00-8:00pm, via Zoom

REPORT SUBMITTED BY: Karen Lese-Fowler and Lauren Woolley, PhD CONTACT INFO: karen@mindfulgrowthpsych.com and lauren@collaborativepsych.com

DATE: October 17, 2023

(Submit Form to SDPA Office and Board Committee Liaison)
SDPA Office
Phone: (858) 277-1463

Fax: (858) 277-1402 sdpa@sdpsych.org