## SAN DIEGO PSYCHOLOGICAL ASSOCIATION

## COMMITTEE MINUTES

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COMMITTEE: Women's Wellness Committee

DATE OF MEETING: November 14th, 2023, 7:00-8:00pm

LOCATION OF MEETING: Zoom

COMMITTEE MEMBERS PRESENT: Dr. Karen Hall, Dr. Meghan Venograd, Dr. Solara Calderon; Dr. Jody Saltzman, Dr. Jeongmi Moon, Dr. Lindsay Elizando; Dr. Karen Fox; Dr. Kristen Zeising; Dr. Lisa Jensen; Dr. Emilie Sfregola; Dr. Rachel Goldenhar; Dr. Christine Calix; Dr. Claire Clark; Dr. Erin Cisneros; Dr. Erin Doherty; Dr. Hanna Tannenbaum; Dr. Tami Salvage; Dr. Karen Lese-Fowler; and Dr. Lauren Woolley

## DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

- 1. Welcomed members and did introductions.
- 2. Discussed who currently had openings in their practices.
- 3. Presented SDPA event updates.
- 4. Dr. Amy Rosenman, a urogynocologist, presented on symptoms of and treatment options for menopause and answered questions.

DATE OF NEXT MEETING: Tuesday, January 9th, 7:00-8:00pm, via Zoom

REPORT SUBMITTED BY: Karen Lese-Fowler and Lauren Woolley, PhD CONTACT INFO: <u>karen@mindfulgrowthpsych.com</u> and <u>lauren@collaborativepsych.com</u>

DATE: December 8, 2023

(Submit Form to SDPA Office and Board Committee Liaison) SDPA Office Phone: (858) 277-1463 Fax: (858) 277-1402 sdpa@sdpsych.org