

SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING February 21, 2023 at 7pm

LOCATION OF MEETING: Zoom

COMMITTEE MEMBERS PRESENT: Dr. Solara Calderon, Dr. Adrienne Habib, Dr. Lisa Jensen, Dr. Rebecca Kenyon, Dr. Karen Lese-Fowler, Dr. Jody Saltzman, Dr. Tami Savage, Dr. Amanda Yam, Dr. Karen Hall, Dr. Mary Clark, and Dr. Lauren Woolley

COMMITTEE MEMBERS ABSENT: Dr. Lindsay Elizondo, and Dr. Jessica Oye-Trautloff

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

1. Welcomed members.
2. Check in-inquired about members who are currently accepting referrals and members who are seeking referrals.
3. Dr. Lese-Fowler reported to members about SDPA Chairs meeting. Encouraged members who would be interested to volunteer for the Science Fair. Reminded members about upcoming SDPA CE event on new CPD requirements and the upcoming State of the Association meeting.
4. Reminded members about upcoming change in meeting schedule to allow for participation in Cultural Diversity Committee meetings. Forthcoming WWC meetings to be held second Tuesday of the month, utilizing the format suggested at the January meeting, alternating between presentations from members (via Zoom,) case consultation (via Zoom,) and in person social or educational events.
5. Thanked Dr. Savage for volunteering to serve as the events chair. Upcoming event tentatively scheduled for April. Members to let co-chairs or Dr. Savage know if they are available to assist in planning.
6. Requested volunteers to email people who have expressed interest in WWC but have not attended a meeting. Drs. Salzman, Woolley, and Lese-Fowler agreed to participate; Dr. Jensen emailed after meeting volunteering to assist.
7. Dr. Anna Yam presented to the group on Pelvic Pain Psychology: A Petit Primer. Members expressed their questions and appreciation.
8. Next meeting will utilize a case consultation format. Members are encouraged to bring their professional consultation questions and topics.

DATE OF NEXT MEETING: March 14, 7pm via Zoom

REPORT SUBMITTED BY: Karen Lese-Fowler and Lauren Woolley, PhD

CONTACT INFO: karen@mindfulgrowthpsych.com and
lauren@collaborativepsych.com

DATE: Feb 23, 2023

(Submit Form to SDPA Office and Board Committee Liaison)

SDPA Office

Phone: (858) 277-1463

Fax: (858) 277-1402

sdpa@sdpsych.org