

SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING April 11, 2023, 5:30 - 8 pm

LOCATION OF MEETING: Duck Foot Brewing Company, 8920 Kenamar Dr #210, San Diego, CA 92121.

COMMITTEE MEMBERS PRESENT: Dr. Solara Calderon, Dr. Erin Cisneros, Dr. Sandy Cullins, Dr. Stamatia Daroglou, Jasmine Dyjak LCSW, Dr. Juanita Gomez, Dr. Karen Hall, Dr. Kristen Helgager, Dr. Lisa Jensen, Dr. Rebecca Kenyon, Dr. Karen Lese-Fowler, Josie Madrid LCSW, Dr. Liz Rojas, Dr. Tami Savage, Dr. Emilie Sfregola, and Dr. Lauren Woolley

COMMITTEE MEMBERS ABSENT: Dr. Jody Saltzman, Dr. Anna Yam, Dr. Adrienne Habib

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

1. This meeting was an in person networking and community building event for committee members.
2. During our May 9 meeting, Dr. Jody Saltzman will present on: One Female Identified Psychologist's Personal and Professional Journey using Energy Psychology (EP) AND Experiential Exercises Using EP Interventions.
3. Those considering presenting to our group on areas of interest, please contact Karen and / or Lauren.

DATE OF NEXT MEETING: May 9, 2023, 7 - 8 PM, via Zoom

REPORT SUBMITTED BY: Karen Lese-Fowler, PhD and Lauren Woolley, PhD

CONTACT INFO: karen@mindfulgrowthpsych.com and lauren@collaborativepsych.com

DATE: April 12, 2023

(Submit Form to SDPA Office and Board Committee Liaison)

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