SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING May 9, 2023, 7:00 pm to 8:00 pm

LOCATION OF MEETING: Zoom

COMMITTEE MEMBERS PRESENT: Dr. Jody Saltzman, Dr. Solara Calderon, Dr. Karen Hall, Dr. Christine Baser, Dr. Rebecca Kenyon, Dr. Karen Lese-Fowler, Dr. Rachel Goldenhar, and Dr. Lauren Woolley

COMMITTEE MEMBERS ABSENT: Dr. Anna Yam, Dr. Adrienne Habib, Dr. Erin Cisneros, Dr. Lisa Jensen, and Dr. Tami Savage

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

- 1. Greeted a new attendee, Dr. Baser, and checked in with members to learn who was accepting and who needed referrals.
- 2. Updated members on upcoming SDPA events.
- 3. Encouraged members to contact Dr. Lese-Fowler or Dr. Woolley if they would like to volunteer (or suggest someone) to present/lead a discussion on an area of clinical interest in future meetings.
- 4. Dr. Jody Saltzman presented on: One Female Identified Psychologist's Personal and Professional Journey using Energy Psychology (EP) and Experiential Exercises Using EP Interventions.

DATE OF NEXT MEETING: June 13th, 2023, 7 - 8 PM, via Zoom REPORT SUBMITTED BY: Karen Lese-Fowler, PhD and Lauren Woolley, PhD CONTACT INFO: <u>karen@mindfulgrowthpsych.com</u> and <u>lauren@collaborativepsych.com</u>

DATE: May 12, 2023

(Submit Form to SDPA Office and Board Committee Liaison) SDPA Office Phone: (858) 277-1463 Fax: (858) 277-1402 sdpa@sdpsych.org