

SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING June 13, 2023 at 7pm

LOCATION OF MEETING: Zoom

COMMITTEE MEMBERS PRESENT: Dr. Kelly Anderson, Dr. Solara Calderon, Dr. Rachel Goldenhar, Dr. Adrienne Habib, Dr. Rebecca Kenyon, Dr. Zohreh Kermani, Dr. Karen Lese-Fowler, Dr. Jody Saltzman, Dr. Tami Savage, Dr. Emilie Sfregola, and Dr. Lauren Woolley

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

1. Welcomed members. Check in-inquired about members who are currently accepting referrals and members who are seeking referrals. Many of our members are accepting referrals now.
2. Dr. Woolley updated members about SDPA activities.
3. Please consider presenting to the WWC on an area of expertise at an upcoming meeting! This is a great way for other members to get a sense of your work. Presentations can be informal; it's also fine to facilitate a discussion on an area of interest (for example, Karen facilitated a conversation on self care in providing services to trauma survivors.) If interested, let Lauren or Karen know. If you'd like to suggest an area of interest or nominate a presenter, please also let us know.
4. Dr. Calderon presented a case resulting in a lively discussion of gender identity issues in psychotherapy.
5. Our next meeting is our in-person social gathering at Vinya: Vino + Vinyasa. This meeting will take place July 18 due to a schedule conflict at the venue on our normal second Tuesday time. Light refreshments will be served. Thanks to SDPA for funding appetizers.

DATE OF NEXT MEETING: July 18, 2023, 5:30 - 7:30 PM, at Vinya: Vino + Vinyasa, 6185 Balboa Avenue, San Diego, CA 92111

UPCOMING MEETING SCHEDULE:

July 18, 2023

Social Gathering, 5:30 - 7:30 PM

Location: Vinya: Vino + Vinyasa, 6185 Balboa Avenue

Aug 8, 2023	Tentative: Presentation or Discussion of Journal Article/Chapter
Sep 12, 2023	Clinical Discussion
Oct 10, 2023	Tentative: Networking or in person presentation
Nov 14, 2023	Tentative: Presentation or Discussion of Journal Article/Chapter
Dec 12, 2023	Tentative: Consultation OR holiday gathering OR month off

REPORT SUBMITTED BY: Karen Lese-Fowler and Lauren Woolley, PhD
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DATE: June 13, 2023

(Submit Form to SDPA Office and Board Committee Liaison)
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