

SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING July 18, 2023, 5:30 – 7:30 pm

LOCATION OF MEETING: Vinya: Vino + Vinysa, 6185 Balboa Ave, San Diego, CA 92111

COMMITTEE MEMBERS PRESENT: Dr. Solara Calderon, Dr. Erin Cisneros, Dr. Karen Hall, Dr. Lisa Jensen, Dr. Rebecca Kenyon, Dr. Karen Lese-Fowler, Dr. Emilie Sfregola, Dr. Jody Saltzman, Dr. Marisa Zens, Dr. Jennifer Piper, Dr. Michelle Dexter, Dr. Anna Yam and Dr. Lauren Woolley

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

1. This meeting was an in person networking and community building event for committee members.
2. During our August 8th meeting, Dr. Julie Kangas will present on providing therapy to women with autism. This meeting will be via zoom and the link is:

<https://us06web.zoom.us/j/84771958489?pwd=bnFMWkpUdGVDOEtXbWg4cC9YWW44Zz09>

Meeting ID: 847 7195 8489

Passcode: 584880

3. Those considering presenting to our group on areas of interest, please contact Karen and / or Lauren.

DATE OF NEXT MEETING: August 8, 2023, 7 - 8 PM, via Zoom

REPORT SUBMITTED BY: Karen Lese-Fowler, PhD and Lauren Woolley, PhD

CONTACT INFO: karen@mindfulgrowthpsych.com and lauren@collaborativepsych.com

DATE: July 27, 2023

(Submit Form to SDPA Office and Board Committee Liaison)

SDPA Office

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