

SAN DIEGO PSYCHOLOGICAL ASSOCIATION

COMMITTEE MINUTES

COMMITTEE: Women's Wellness Committee

DATE OF MEETING August 8, 2023, 7 PM - 8:06 PM

LOCATION OF MEETING: zoom

COMMITTEE MEMBERS PRESENT: Dr. Kelly Anderson, Dr. Solara Calderon, Dr. Erin Cisneros, Dr. Stamatia Daroglou, Dr. Lindsay Elizondo, Dr. Rachel Goldenhar, Dr. Adrienne Habib, Dr. Karen Hall, Dr. Kirsten Hegager, Dr. Lisa Jensen, Dr. Julie Kangas, Dr. Karen Lese-Fowler, Dr. Tami Savage, Dr. Shoshana Shea, and Dr. Lauren Woolley

DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

1. Introductions and discussion of who is open for referrals
2. SDPA Updates
 - a. Fall conference: November 4, 2023–The Impact of Trauma: Pervasive Issues in our Social Fabric
 - b. WWC minutes now posted on our SDPA page. This can serve as documentation for member attendance for the purposes of supporting committee activity as CPD.
 - c. SDPA has a new office manager, Diana.
3. Looking for volunteers to present at upcoming meetings/suggestions for a speaker to invite.
 - a. Thanks to Dr. Karen Hall for recruiting the next presenter, Dr. Ingrid Rodi, who will speak to psychological issues of women in menopause and fertility issues. We will circulate a request for questions to give the presenter.
4. Karen and Lauren are working with the co chairs of the LGBTQIA committee on practicalities and competencies in shaping your practice to offer more competent care to the trans and nonbinary population. More information as we further develop this idea.

5. Presentation: Therapy with Women on the Autism Spectrum. Presenter Dr. Julie Kangas.

DATE OF NEXT MEETING: September 12, 2023, 7 - 8 PM, via Zoom
REPORT SUBMITTED BY: Karen Lese-Fowler, PhD and Lauren Woolley, PhD
CONTACT INFO: karen@mindfulgrowthpsych.com and
lauren@collaborativepsych.com

DATE: August 10, 2023

(Submit Form to SDPA Office and Board Committee Liaison)
SDPA Office
Phone: (858) 277-1463
Fax: (858) 277-1402
sdpa@sdpsych.org