

# SAN DIEGO PSYCHOLOGICAL ASSOCIATION

## COMMITTEE MINUTES

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COMMITTEE: Women's Wellness Committee

DATE OF MEETING September 12, 2023, 7 PM - 8 PM

LOCATION OF MEETING: Zoom

COMMITTEE MEMBERS PRESENT: Drs. Kelly Anderson, Solara Calderon, Erin Doherty, Karen Fox, Rachel Goldenhar, Adrienne Habib, Karen Hall, Lisa Jensen, Karen Lese-Fowler, Tami Savage, Hanna Tannenbaum, and Lauren Woolley

### DESCRIBE PROCEEDINGS:

(Reports Presented/Discussions/Motions Approved or Not)

1. Check-in - Who has availability in their practice?
2. SDPA Updates:  
Fall conference: November 4, 2023–The Impact of Trauma: Pervasive Issues in our Social Fabric
3. WWC minutes now posted on our SDPA page. This provides documentation of attendance for CPD and answers many questions members may have.  
<https://sdpsych.org/Womens-Wellness/>
4. Looking for volunteers to present at upcoming meetings/suggestions for a speaker to invite.  
Thanks to Dr. Karen Hall for recruiting the next presenter, Dr. Ingrid Rodi, who can speak to psychological issues of women in menopause and fertility issues. We will be circulating a survey soon to collect committee member questions so Dr. Rodi can tailor her presentation.
5. Announcements. Lauren and Karen are connecting with the co chairs of the LGBTQIA committee on practicalities and competencies in shaping your practice to offer more support to the trans and nonbinary population.
6. The main focus of the meeting was a clinical discussion. Drs. Hall and Habib discussed clinical questions.

DATE AND LOCATION OF NEXT MEETING: October 12, 5:30 - 7:30 PM, at Flower Child, 2690 Via de la Valle, Del Mar.

[https://www.iamaflowerchild.com/locations/del-mar-ca/?utm\\_source=Google&utm\\_medium=Organic&utm\\_campaign=Maps](https://www.iamaflowerchild.com/locations/del-mar-ca/?utm_source=Google&utm_medium=Organic&utm_campaign=Maps)

Thanks to SDPA for funding appetizers for this meet and greet social.

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DATE: September 19, 2023

(Submit Form to SDPA Office and Board Committee Liaison)

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